



2motiv8 Pricing

Challenge Cost -	Unlimited session per week	\$40pw
Challenge Cost -	3 sessions pw (2 mid wk sessions & Sat complementary)	\$30pw
Casual Session -	any one off session	\$20
Personal Training -	1 x one hour session	\$80
	2 x one hour session	\$60
	1 x half an hour session	\$40
	2 x half an hour session	\$40
	all 1 hr personal training sessions include unlimited challenge training	
Programming -	individually tailored exercise plans which are highly motivating and last for a 6 week period	\$100

"a wholistic approach to fitness and nutrition"

